

BEVERAGE

MFNU

CAFFEINE FIX

COFFEE

REGULAR - 3.7 -

CARGE - 4.2 -

latte I cappuccino I flat white I mocha I piccolo I macchiato I long black I hot chocolate I chai latte I dirty chai I nutella hot chocolate (+1) I hot biscoff (+1)

ESPRESSO - 3.2 -

CATTE ON ICE - 4.2 -

ICED BLACK - 4.2 -

EXTRAS (+0.5)

soy I almond I macadamia I oat I lactose-free I syrups I decaf Lextra shot

CARE FOR SOME TEA

TEA TONIC COOSE CEAF HERBAC TEA DINE-IN - 4.5 -

Choose from a range of our carefully selected herbal teas by Tea Tonic





CRUSHED & BCENDED

MICKSHAKE - 6 -

chocolate I strawberry I caramel I vanilla

ICED COFFEE - 7 -

espresso shot I milk I ice cream I vanilla syrup I ice

ICED CHOCOLATE - 7 -

milk I ice cream I chocolate syrup I ice

SMOOTHIES - 7 -

blended with milk, yoghurt & honey

- banana -
- mango -
- mixed berries -

EXTRAS (+1)

soy I almond I macadamia I oat I lactose-free I extra shot

ICED COLD

- BOTT(FD WATER 3 -
- SOFT DRINK CANS 3 -
- SAN PECCEGRINO 4 -
 - ICF TFA 4 -
 - KOMBUCHA 4 -
- ENERGY DRINKS 4 -
- BUNDABERG RANGE 4 -

FLAVOURED MINERAL WATERS - 4 -



COLD PRESSED JUICES

THE HUCK - 7.5 -

apple I spinach I cucumber I pear

HAWAIIAN KISS -7.5 -

pineapple I orange I watermelon I mint

BERRY-LICIOUS - 7.5 -

mixed berries I watermelon I pear I orange

CLEANSING BOOST - 7.5 -

orange I apple I beetroot I pineapple I ginger I lemon

THE ROOT - 7.5 -

carrot I beetroot I cucumber I ginger I apple

YOUR CHOICE - 7.5 -

up to 4 choices

ORANGE JUICE - 6.5 -

IT'S 5PM SOMEWHERE

GAGE ROADS BREWERY CRAFT BEERS - 8.5 -

- Atomic Pale Ale -
- Hello Sunshine Apple Cider -
- Sleeping Giant Indian Pale Ale -

OTHER BEER - 7 -

Corona I Peroni I Pure Blonde I Peroni Leggera

WINE BY THE GLASS - 7 -

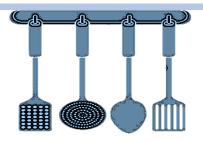
WHITE-Sauvignon Blanc & Pinot Grigio RFD - Pinot Noir & Shiraz

SPIRITS - 9.5 -

any spirit with mixer - ask our staff

TABLE SERVICE UPON REQUEST





TOAST - 5 5 -

sourdough - white I soy lin quinoa I rye I turkish I raisin turkish choice of spreads - butter I cream cheese I vegemite I jam I honey I nutella I peanut butter I fetta (+1) I avocado (+2)

TOASTIES & CROISSANTS -7.5 -

- ham I cheese I tomato -
 - ham I cheese -
 - cheese I tomato -

EGGS ON TOAST - 10 -WITH BACON - 13 -

choice of eggs (poached I scrambled I fried) I toasted sourdough

BCAT-14-

bacon I lettuce I avocado I tomato I choice of bread I fresh or toasted

SMASHED AVO - 16 -

poached eggs I smashed avocado I fetta I baby radish I crispy panko I sliced almonds I balsamic glaze I toasted rye chia mungbean sourdough

THE CHEF'S OMELETTE - 16 -

ham I cheese I spinach I mushroom I tomato I shallots I toasted sourdough (vegetarian option available)

BREAKFAST

MENU

OUICKIES

BANANA BREAD - 4.5 -

butter I fresh I toasted

BACON & EGG ROLL - 7.5 -

bacon I egg I BBQ mayo

HASHBROWN ROCC-10.5 -

bacon I egg I hash brown I BBQ mayo

MFACS

EGGS FLORENTINE - 17 -

poached eggs I smoked salmon I mushroom I spinach I hollandaise sauce I toasted rye chia mungbean sourdough

EGGS BENEDICT - 16 -

poached eggs I bacon I mushroom I spinach I hollandaise sauce I toasted rye chia mungbean sourdough

CITTLE EXTRAS

cheese I fetta (+1)

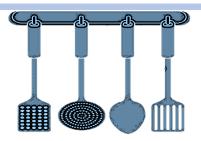
toasted bread (+2)

bacon I hash brown I mushroom I grilled tomato I smashed avocado legg I spinach I pork sausage (+3)

smoked salmon (+4)

gluten free bread/buns (+1)





PORRIDGE - 11 -

creamy oats I honey I cinnamon I banana I milk I soy I almond I lactose-free I macadamia milks (+1)

HEACTHY CHOICES - 8.5 -

- mixed berry yoghurt -
- toasted muesli yoghurt -
 - seasonal fruit salad -
- seasonal fruit salad yoghurt -

BRFAKFAST BURGFR - 16 -

bacon I scrambled eggs I cheese I spinach I mushroom I hash brown I tomato relish I aioli I toasted milk bun

SHAKSHOUKA EGGS - 16 -

poached eggs I spinach I potato I fetta I shallots I tomato I parsley I toasted sourdough

THE BIG ONE - 18 -

choice of eggs (poached I scrambled I fried) I bacon I mushroom I spinach I grilled tomato I hash brown I avocado I toasted sourdough

VEGGIE BREKKIE - 17 -

choice of eggs (poached I scrambled I fried) I mushroom I spinach I fetta I grilled tomato I hash brown I avocado I toasted sourdough